

FEBRUARY 2012 ELEMENTARY MENU

Harvest of the Month Featured Items: Green Peas/Brussel Sprouts & Kiwi



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Biscuit Cereal & Toast Beef Vegetable Soup or Fish Sandwich or Peanut Butter & Jelly Sandwich or *Yogurt, Cheese & Grahams* <u>Choice of 3:</u> Baked Potato, Coleslaw Steamed Fresh Broccoli Fresh Fruit, Fruit Strawberry Cup	7 Cheese Toast & Sausage or Cereal & Toast Sausage Pizza+ or Chicken Fillet Sandwich or Peanut Butter & Jelly Sandwich or *Cheese Pizza* <u>Choice of 3:</u> Corn Potato Wedges, Lettuce & Pickle Fresh Sliced Kiwi , Fruit Cookie	8 Pancake Pup+ w/Syrup or Cereal & Toast Hot Wings & Texas Toast or Hot Dog on White Wheat Bun or Peanut Butter & Jelly Sandwich or *Cheese Quesadilla* <u>Choice of 3:</u> Tater Tots Carrots w/Ranch Dip Breaded Okra Fresh Fruit, Fruit	9 Ultimate Breakfast Bar & Sausage or Cereal & Toast Penne Pasta w/Meat Sauce or Ham & Cheese Deli Sandwich or Chef Salad or *Penne Pasta w/Sauce & Cheese* <u>Choice of 3:</u> Green Beans Roasted Fresh Vegetables Tossed Salad w/Ranch Dressing Fresh Fruit, Fruit	10 French Toast Sticks & Turkey Ham or Cereal & Toast BBQ Plate & Texas Toast or Charbroiled Burger or Peanut Butter & Jelly Sandwich or *Black Bean Veggie Burger* <u>Choice of 3:</u> Baked Beans Lettuce & Pickle Spears Baked Sweet Potato Fries Fresh Fruit, Fruit
13 Breakfast Pizza+ or Cereal & Toast Beef & Cheese Nachos or Turkey Hoagie or Peanut Butter & Jelly Sandwich or *Bean & Cheese Nachos* <u>Choice of 3:</u> Black Beans & Corn Shredded Lettuce & Tomato Tater Tots Fresh Fruit Peach Cup	14 Mini Pancakes & Sausage Link or Cereal & Toast Chicken Nuggets & Hot Roll or Rib-B-Q Sandwich+ or Peanut Butter & Jelly Sandwich or *Macaroni & Cheese* <u>Choice of 3:</u> Brussel Sprouts Potato Wedges Fresh Veggies w/Dip Fresh Fruit, Fruit Valentine Cookie	15 Cheese Grits & Toast or Cereal & Toast Lasagna & Texas Toast or Hot Dog on White Wheat Bun or Peanut Butter & Jelly Sandwich or *Vegetarian Lasagna* <u>Choice of 3:</u> Corn on Cob Lima Beans Salad w/Ranch Dressing Fresh Fruit Strawberries & Bananas	16 Blueberry Muffin & Turkey Ham or Cereal & Toast Fish Nuggets & Cornbread or Cheeseburger or Chef Salad or *Cheese Pizza* <u>Choice of 3:</u> Baked Beans Baked Sweet Potato Fries Coleslaw Fresh Fruit, Fruit	17 Sausage Biscuit or Cereal & Toast Meat Loaf & Hot Roll or Grilled Cheese Sandwich or Peanut Butter & Jelly Sandwich or *Veggie Burger on Wheat Bun* <u>Choice of 3:</u> Creamed Potatoes Green Peas , Romaine Salad Fresh Sliced Kiwi Apricot Cups
20	21	22	23 Waffles w/Syrup & Sausage Link or Cereal & Toast Chicken Tenders & Hot Roll or Mini Corn Dogs or Peanut Butter & Jelly Sandwich or *Stir Fried Rice and Edamame* <u>Choice of 3:</u> Broccoli Tater Tots Coleslaw Fruit Blueberry Crisp	24 Breakfast Donut & Grits or Cereal & Toast Seafood Platter or Hamburger or Peanut Butter & Jelly Sandwich or *Yogurt, Cheese & Grahams* <u>Choice of 3:</u> Potato Wedges Lettuce, Tomato, Pickle Baked Beans Fresh Fruit Strawberry Cup
FEBRUARY 20, 21, 22 STUDENT HOLIDAYS				
27 Pancake Pup+ or Cereal & Toast Chili & Oyster Crackers or Cheeseburger Sliders or Peanut Butter & Jelly Sandwich or *Veggie Chicken Patty* <u>Choice of 3:</u> Steamed Broccoli Baked Potato Mixed Salad Greens Fresh Fruit Peach Cup	28 Breakfast Bagel & Cream Cheese or Cereal & Toast Tacos w/Cheese or Weiner Wrap or Peanut Butter & Jelly Sandwich or *Bean & Cheese Tacos* <u>Choice of 3:</u> Potato Wedges Corn on Cob Shredded Lettuce & Tomato Fresh Fruit Fruit	29 Turkey Ham Biscuit or Cereal & Toast Oven Roasted Chicken & Hot Roll or Sub Sandwich or Peanut Butter & Jelly Sandwich or *Yogurt, Cheese & Grahams* <u>Choice of 3:</u> Parsley Potatoes Breaded Okra Lettuce, Tomato, Pickle Fresh Fruit Fruity Jello	March 1 Eggs, Grits & Toast or Cereal & Toast Baked Ham+ & Cornbread or Chef Salad or Peanut Butter & Jelly Sandwich or *Macaroni & Cheese* <u>Choice of 3:</u> Black-Eyed Peas Candied Carrots Fresh Veggies w/Ranch Dressing Fruit Strawberry Shortcake	March 2 Spice Muffin & Sausage or Cereal & Toast Fajita Chicken Flatbread or Hot Dog or Peanut Butter & Jelly Sandwich or *Black Bean Empanada* <u>Choice of 3:</u> Buttered Corn Creamy Coleslaw Tater Tots Fresh Sliced Kiwi Fruit

Breakfast is served with choice of Fruit, Juice or Milk.

Yogurt is offered as a choice with Cereal or Toast.

Lunch Choice menus allow students to select one Entrée, 3 of the 5 Fruit and Vegetable choices and various Milk choices.

***Vegetarian Entrée**
+Pork Product

Breakfast 45¢ Daily
Lunch 90¢ Daily

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