

DECEMBER 2011 ELEMENTARY MENU

Harvest of the Month Featured Items ~ Broccoli & Oranges

www.schoolmenu.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5</p> <p>Chicken Biscuit or Cereal & Toast</p> <p>Chili w/Beans & Crackers Fish Sandwich or Peanut Butter & Jelly Sandwich or *Yogurt, Cheese & Grahams*</p> <p>Choice of 3: Baked Potato, Coleslaw Steamed Fresh Broccoli</p> <p>Fresh Fruit Sherbet Cup</p>	<p>6</p> <p>Cheese Toast & Sausage or Cereal & Toast</p> <p>Sausage Pizza+ or Chicken Fillet Sandwich or Peanut Butter & Jelly Sandwich or *Cheese Pizza*</p> <p>Choice of 3: Corn Potato Wedges, Lettuce & Pickle Fresh Orange Slices, Fruit Cookie</p>	<p>7</p> <p>Pancake Pup+ w/Syrup or Cereal & Toast</p> <p>Boneless Hot Wings & Texas Toast or Hot Dog on White Wheat Bun or Peanut Butter & Jelly Sandwich or *Cheese Quesadilla*</p> <p>Choice of 3: Tater Tots Baby Carrots w/Ranch Dip Breaded Okra Fresh Fruit, Fruit</p>	<p>8</p> <p>Ultimate Breakfast Bar & Sausage or Cereal & Toast</p> <p>Penne Pasta w/Meat Sauce or Ham & Cheese Deli Sandwich or Chef Salad or *Penne Pasta w/Sauce & Cheese*</p> <p>Choice of 3: Green Beans Roasted Fresh Vegetables Tossed Salad w/Ranch Dressin Fresh Fruit, Fruit</p>	<p>9</p> <p>French Toast Sticks & Turkey Ham or Cereal & Toast</p> <p>BBQ Plate & Texas Toast or Charbroiled Burger or Peanut Butter & Jelly Sandwich or *Black Bean Veggie Burger*</p> <p>Choice of 3: Baked Beans Lettuce & Pickle Spears Baked Sweet Potato Fries Fresh Orange Slices, Fruit</p>
<p>12</p> <p>Breakfast Pizza+ or Cereal & Toast</p> <p>Beef & Cheese Nachos or Turkey Hoagie or Peanut Butter & Jelly Sandwich or *Bean & Cheese Nachos*</p> <p>Choice of 3: Buttered Corn Shredded Lettuce & Tomato Tater Tots Fresh Fruit, Fruit</p>	<p>13</p> <p>Mini Pancakes & Sausage Link or Cereal & Toast</p> <p>Chicken Nuggets & Hot Roll or Rib-B-Q Sandwich+ or Peanut Butter & Jelly Sandwich or *Macaroni & Cheese*</p> <p>Choice of 3: Buttered Carrots Potato Wedges Fresh Veggies (Broccoli) w/Dip Fresh Fruit, Fruit</p>	<p>14</p> <p>Blueberry Muffin & Turkey Ham or Cereal & Toast</p> <p>Roasted Turkey w/Gravy and Cornbread Dressing or Whole Grain Corn Dog or Peanut Butter & Jelly Sandwich or *Yogurt, Cheese & Grahams*</p> <p>Choice of 3: Candied Sweet Potatoes Green Beans, Corn on Cob Fruit Holiday Fruit Mix</p>	<p>15</p> <p>Cheese Grits & Toast or Cereal & Toast</p> <p>Fish Nuggets & Cornbread or Cheeseburger or Chef Salad or *Cheese Pizza*</p> <p>Choice of 3: Baked Beans Baked Sweet Potato Fries Coleslaw Fresh Fruit, Fruit</p>	<p>16</p> <p>Sausage Biscuit or Cereal & Toast</p> <p>Meat Loaf & Hot Roll or Grilled Cheese Sandwich or Peanut Butter & Jelly Sandwich or *Veggie Burger on Wheat Bun*</p> <p>Choice of 3: Creamed Potatoes English Peas Fresh Orange Salad Fresh Fruit, Fruit</p>
<p>19</p> <p>Beef Steak Biscuit or Cereal & Toast</p> <p>Beef Vegetable Soup & Sandwich or Turkey Wrap or Peanut Butter & Jelly Sandwich or Cheese MaxSnax w/ Marinara</p> <p>Choice of 3: Corn on Cob Breaded Okra Lettuce, Tomato, Pickle Fresh Fruit, Fruit Cookie</p>	<p>20</p> <p>Peanut Butter Cup w/ Pop Tart or Cereal & Toast</p> <p>Chicken Fajita or BBQ Sandwich+ or Peanut Butter & Jelly Sandwich or *Cheese & Veggie Fajita*</p> <p>Choice of 3: Baked Sweet Potato Fries Shredded Lettuce & Tomato & Pickle Fresh Broccoli w/Dip Fresh Fruit, Fruit</p>	<p>WINTER BREAK DECEMBER 21st - JANUARY 6th</p> <p>Have a safe and healthy holiday season!</p>		

Breakfast is served with choice of Fruit, Juice or Milk.

Yogurt is offered as a choice with Cereal or Toast.

Lunch Choice menus allow students to select one Entrée, 3 of the 5 Fruit and Vegetable choices and various Milk choices.

***Vegetarian Entrée**
+Pork Product

Breakfast 45¢ Daily
Lunch 90¢ Daily

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.